

J. PARK
WORLD TAE KWON DO & HAPKIDO CENTER, INC.
AFTER SCHOOL KARATE PROGRAM, INC.

www.AfterSchoolKarate.com

www.KidSafe911.com

MAY 2012



WHAT'S HAPPENING AT J. PARK THIS MONTH?

- **Referral Rewards** – Bring in a friend and when they join you receive a \$50.00 gift card to game stop.
- **MAY 28** – No school. Memorial Day.
- **SUMMER KARATE CAMP** begins June 11th. Please sign up today!
- **Body Fit Classes** – Join Now. Only \$29.00 a month.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega BEG	2 6:00 –6:45 BBC Spar 6:45-7:45 Omega MMA 7:45-8:30 BODYFIT	3 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega MMA	4 6:00-6:45 Child Adv 6:45-7:30 Child Beg	5 9-10 - BODYFIT 10-11 - Omega BEG 11-12 - BBC Weapons
6 CLOSED	7 6:00 –6:45 Child Beg 6:45-7:30 Child Adv 7:30-8:15 Omega CUR 8:15-9:30 Omega MMA	8 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega BEG	9 6:00 –6:45 BBC Spar 6:45-7:45 Omega MMA 7:45-8:30 BODYFIT	10 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega MMA	11 CLOSED FIGHTER WEIGH IN	12 CLOSED FIGHT NIGHT
13 Happy Mother' Day	14 6:00 –6:45 BBC weapons 6:45-7:30 Child Adv 7:30-8:15 Omega CUR 8:15-9:30 Omega MMA	15 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega BEG	16 6:00 –6:45 BBC Spar 6:45-7:45 Omega MMA 7:45-8:30 BODYFIT	17 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega MMA	18 6:00-6:45 Child Adv 6:45-7:30 Child Beg	19 SLEEP OVER 7pm – 9am \$35.00 for one \$50.00 for two \$75.00 for three
20 CLOSED	21 6:00 –6:45 Child Beg 6:45-7:30 Child Adv 7:30-8:15 Omega CUR 8:15-9:30 Omega MMA	22 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega BEG	23 6:00 –6:45 BBC Spar 6:45-7:45 Omega MMA 7:45-8:30 BODYFIT	24 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega MMA	25 CLOSED IEP	26 CLOSED IEP
27 CLOSED IEP	28 CLOSED Happy Memorial Day	29 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega BEG	30 6:00 –6:45 BBC Spar 6:45-7:45 Omega MMA 7:45-8:30 BODYFIT	31 6:00-6:45 Child Beg/Adv 6:45-7:30 BODYFIT 7:30-8:15 Omega CUR 8:15-9:30 Omega MMA	1 CLOSED	2 CLOSED

Child = 12 and Under

Child Beg = White, Yellow, Orange, Green

Child Adv = Purple, Blue, Red, Black

Omega MMA = Mixed Martial Arts

Omega Beg = Mixed Martial Arts Beginners

Omega Cur = Curriculum Based Classes

BBC Program – BBC members must have chest protector, headgear, bo staff, and nunchucks

BBC Spar - Sparring